

Richard Quan
Santon, Gauteng
South Africa



Trainer Qualifications

Nine Realms Workout
Accessing Module
Dueling Module
Edged Weapons Combat 1
Intro to Edged Weapon
Access under Pressure
Kill Zone 1

Course Presenter

Edged Weapons Combat 1
Managing the Kill Zone 1
Accessing While Under Attack
Intro to Edged Weapon
Access under Pressure
Dueling

Combative Profile

Richard Quan trained, lived and fought in Thailand and Malaysia since he was 9 years old, where he trained in the Art of Muay Thai and fought in over 40 Muay Thai fights.

In 2003 he moved to the United States where he trained professional (MMA) fighters like Renato "Babalu" Sobral, Eric Apple, Justin Levens Marcio "Pe de Pano", Cruz and many more. Richard trained and fought in mixed martial arts, and submission grappling. In 2005, he trained a sector of the US Marine Core and Los Angeles Police Department. In 2006, he attended a PSD course under James Webb and trained with the Thai Navy Seals.

Richard started training AMOK! in September 2006 under Mike Taggart and since then has gone onto train with Kelee Arrowsmith, Mark Human and Ian van Rensburg.

Richard currently runs a Muaythai, Mixed Martial Arts, Cross fitness and AMOK! training groups. He is also an Advanced Conflict Training (ACT) trainer under Kelee Arrowsmith.

He is in the process of completing a B.A. in Criminology and is certified in Traditional Thai Massages.