

**Ian Jansen van Rensburg**  
**Midrand Gauteng**  
**South Africa**

### **Trainer Qualifications**

Accessing Module  
Dueling Module  
Kill-Zone Module  
Struggling Module  
Disarming Module  
Trapping Module  
Empty Hands Module  
Hold-Up Module

### **Course Presenter**

Accessing While Under Attack  
Draws, Deployment, Handling & Transitioning  
Tactical Edged Weapons Combat  
Edged Weapons Combat 1  
Handgun Work

### **Combative Profile**

Ian Jansen van Rensburg has been training AMOK! for 10 years and specializes in fighting with guns and blades.

Ian joined the military as a National Service man in 1989, where he completed his officers training and joined the elite 32 Battalion unit as a platoon commander and later as a team leader of the Reconnaissance Wing. He then joined the South African Special Forces after successfully completing the selection and training cycle. Here he was promoted as Team Leader. Ian was involved in many operations as a team leader and also acted as a mentor for new team leaders joining the Regiment.

At the end of 1996, he was transferred to the Special Forces Head Quarters as a major and did research and development for Special Forces, where he started to do a knife fighting system namely, AMOK!, He then became an instructor in the system after doing a thesis on the combining of handguns and knife for bodyguards and combat.

After a serious accident in 1999, Ian joined the South African Medical Health Service as a senior officer (Lieutenant Colonel) where he acted as mentor and instructor on the Junior Command and Staff course for senior officers. He specialized in higher tactical planning in mobile warfare and gave valuable inputs, due to his Special Forces experience.

Since recovering from his accident he showed interest in Neuro Linguistic Programming (NLP) after using the principles in his healing process. He was inspired by the results and qualified as a NLP Practitioner, in 2003. In the same year he founded Domain Co-Creations and presented alternative Life-Skills system. He has combined NLP healing, in the form of deep tissue massage and the principles of warriorship, through AMOK! in his business. Ian has since qualified as a NLP (Master Practitioner) in 2006.